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Department of Athletics  
Drug Screening and Education Policy
Department of Athletics
Policy on Drug Screening and Education Program

I. PURPOSE

Consistent with Georgetown University’s Jesuit philosophy of caring for and nurturing the mind, body and spirit of our students, the Department of Athletics is committed to developing and maintaining a safe and healthy environment for student-athletes participating in intercollegiate athletic competition.

The Department of Athletics recognizes that student-athletes may face added stress relating to time constraints, performance expectations, exposure to pressure, and many other factors not imposed on the general student population. This Drug Screen and Education Program is being implemented to educate student-athletes with regard to the misuse and abuse of controlled substances, performance enhancing drugs and alcohol, and to provide support for student-athletes in need of substance abuse counseling. It is intended to prevent the misuse and abuse of these substances.

This Program consists of three primary components:
1. A comprehensive educational program.
2. Reliable drug screening.
3. Sanctioning for student-athletes who test positive to function as an effective deterrent to substance abuse, and support for them after a positive test.

The educational component of the program is designed to mitigate the risk of dependency and to discourage the underage use, abuse, and experimentation with alcohol and drugs. The drug screening program is designed to accurately and reliably identify users and possible abusers of controlled substances and performance-enhancing drugs. Student-athletes who test positive will participate in programming designed to encourage them to make positive choices regarding the use of drugs and/or alcohol and will be sanctioned as outlined in this policy.

Georgetown University Department of Athletics Drug Screening and Education Program and its sanctions are independent of the NCAA Drug Testing Program. All student-athletes must sign an Informed Consent Form in order to participate in intercollegiate athletics found in APPENDIX B. Those who do not sign will not be permitted to participate.

II. GOALS

The goals of the Georgetown University Drug Screening and Education Program are as follows:
1. To provide a safe and healthy environment for our student-athletes to compete.
2. To address, identify, and treat student-athletes’ problems and concerns surrounding drug use, alcohol consumption, and their abuses.
3. To educate our student-athletes and others associated with athletic teams about the use, abuse, and/or misuse of alcohol, illicit substances, prescribed medications, over-the-counter medications and performance enhancing substances including nutritional supplements.
4. To provide support for student-athletes in need of substance abuse counseling.
5. To align institutional and departmental policies with the university’s educational mission.
III. EDUCATION

All student-athletes engaged in the intercollegiate athletics program shall participate in an education program about the health impact of the use of drugs and dietary supplements. (“All student-athletes” include those who (a) have exhausted athletic eligibility but are still receiving athletic-related aid; (b) have a season ending or career ending injury but are using and/or receiving athletic-related services; and/or (c) are being “red-shirted.”). This program will be overseen by the Sports Medicine Staff.

This program consists of two parts:
1. A seminar which all first year students are required to complete.
2. An annual training to review the Athletics Departments Drug Screening and Education policy.

There may be additional educational requirements to be determined and communicated by the Department of Athletics.

IV. GENERAL DRUG POLICY

The unauthorized use of “Proscribed Substances” by any member of an intercollegiate athletic team, at Georgetown University, is expressly prohibited, regardless of whether such use or abuse occurs before, during or after the team’s competitive season. “Proscribed Substances” include anabolic steroids, stimulants, diuretics, performance enhancing drugs, marijuana, cocaine, amphetamines, synthetic amphetamines, dietary supplements, synthetic marijuana or stimulants, alcohol (by those under the legal age), and all drugs listed in NCAA EXECUTIVE REGULATIONS, 31.2.3, as may be amended from time to time, which are listed in APPENDIX A, or any other substance proscribed by federal or state law. The institution may test for proscribed substances at its discretion and at cut off levels lower than those used by the NCAA.

The unauthorized use of the proscribed substances constitutes an abuse of the privilege of practicing for and representing Georgetown University in intercollegiate athletics competition. Such unauthorized use or abuse may result in sanctions, including dismissal from intercollegiate athletic teams, loss of a student-athlete’s athletic grant-in-aid, and a permanent prohibition against competing in the intercollegiate athletics program at Georgetown University.

V. ADMINISTRATION OF DRUG SCREENING PROGRAM

Each student-athlete shall, prior to participating in any sport, acknowledge in writing that he or she has received a copy of this Policy Statement or been directed to an on-line version, and shall consent to participate in the drug screening and education program, including but not limited to consenting to the collection of urine or saliva to be tested for the presence of the above-referenced proscribed substances. A signed consent and notification forms shall be considered the student-athlete’s agreement to the terms and conditions contained in this policy and shall constitute a binding contractual obligation of the student-athlete. Any student-athlete who does not sign the consent form will be ineligible for participation in intercollegiate athletics at Georgetown University. A copy of the Drug Education and Screening Program Student-Athlete Consent Form can be found in APPENDIX B.
All student-athletes shall provide urine specimens upon notice from an appropriate official within the Department of Athletics. Specimen collection will be performed by a trained collector ("Urine Validator") provided by the Center for Drug Free Sport or their designee or agents ("Drug Free Sport"). Drug Testing will also be performed by Drug Free Sport.

The Assistant Athletics Director for Student-Athlete Health and Wellness or a member of the Sports Medicine Staff will be present at all collections. Picture identification will be required and checked. Urine Validators will follow the procedures in the Drug Testing Collection Protocol set by Drug Free Sport. The sample shall be subject to analysis by a Substance Abuse and Mental Health Services Administration (SAMSA) licensed and/or certified professional testing laboratory to screen student-athletes’ samples to determine use of the proscribed substances. Upon notification of selection, the student-athlete must present himself or herself at the collection at the designated time for testing. Once a student-athlete signs into the collection facility, he or she will have a maximum of three hours to produce an adequate urine specimen. The student-athlete will be considered to have a positive test if they do not produce an adequate urine specimen. If after three hours, the student-athlete has not produced an adequate urine specimen, the student-athlete:

1. Will be released from the testing site.
2. Will be instructed by the Assistant Athletics Director for Student-Athlete Health and Wellness or their designee to report back to the testing site for follow up testing at a time be determined.

VI. CONFIDENTIALITY

The program is designed to protect the confidentiality of data and to assure that information regarding individual student-athletes will not be transmitted to individuals who have neither a right nor a need to know, except as set forth herein or as required by law.

VII. SAFE HARBOR PROGRAM

A student-athlete eligible for the Georgetown University Safe Harbor Program may refer himself or herself to the Program for voluntary evaluation, testing, and counseling. A student is not eligible for the Program after he or she has been informed of an impending drug test, 30 days prior to their sport’s NCAA or Conference post-season championship, or after having received a positive Georgetown University or NCAA drug test at any point in his or her time at Georgetown. A student will be permitted to remain in the Safe Harbor Program for a reasonable period of time as determined by the treatment plan. A student-athlete will be permitted to enter the Safe Harbor Program one time during his or her athletic eligibility at Georgetown University and is not eligible after having received one or more positive drug tests.

Georgetown University will work with the student to prepare a Safe Harbor treatment plan, which will include confidential drug testing. The student-athlete will be tested for proscribed substances upon entry into the Safe Harbor Program, and such a positive initial test will not result in any administrative sanction except those listed in this section. The team physician may suspend the student from play or practice if medically indicated. If a student-athlete is determined to have tested positive for a new banned substance after the initial Safe Harbor Program test (as determined by follow-up testing), or fails to comply with the Safe Harbor Program treatment
plan, the student-athlete will be removed from the Safe Harbor Program and be subject to appropriate sanctions as detailed in the Georgetown University Drug Screening and Education Program.

For the purposes of sanctions only, entering the Safe Harbor Program will not be treated as a positive test. However, any positive test after the initial Safe Harbor Program test will be treated as the next subsequent positive (i.e., second positive). While in compliance with the Safe Harbor Program treatment plan, the student-athlete will not be included in the list of students eligible for random drug testing by Georgetown University. This list will be maintained by the Assistant Athletics Director for Student-Athlete Health and Wellness or their designee. Students-athletes in the Safe Harbor Program may be selected for drug testing by the NCAA.

The Director of Athletics, the Senior Associate Director of Athletics, the Associate Director of Athletics / SWA, the Assistant Athletics Director for Student-Athlete Health and Wellness, the student-athlete’s Head Coach and the Team Physician may be informed of the student’s participation in the Safe Harbor Program. The athletic trainer assigned to that sport also may be notified, if medically appropriate. The assistant coach(es) also may be informed at the discretion of the Head Coach. Other university employees may be informed only the extent necessary for the implementation of this policy. Parental notification will not be administered for those who enter the Safe Harbor Program, but parents / legal guardians will be notified if a positive drug test is identified after entering Safe Harbor. To be eligible for the Safe Harbor Program, a student-athlete must complete a Declaration of Safe Harbor Program form and submit to a member of the Sport’s Medicine Staff. A copy this form can be found in **APPENDIX D**.

**VIII. DRUG SCREENING SELECTION PROCESS**

**Random Selection Testing.** Georgetown University’s Department of Athletics shall from time to time collect urine samples from student-athletes. Student-athletes shall be selected at random to be screened and tested in order to detect the presence of proscribed substances. For the purpose of this policy, “random” shall mean a process in which the probability of any student-athlete being selected is the same as the probability (minus those numbers in the Safe Harbor program) of any other student-athlete being selected and which the selection is made without identity characteristics of the individual being known.

**Reasonable Suspicion Testing.** Student-athletes who are suspected of using proscribed substances can be tested at the discretion of the Director of Athletics or his or her designee. In addition, if the Director of Athletics or his or her designee has reason to believe that the members of a particular team have been abusing proscribed substances, he or she may mandate that an entire team be tested. Individualized reasonable suspicion is defined as specific objective facts, which if taken as a whole, suggest that drug testing may produce a positive result. Additionally, reasonable suspicion testing may be triggered by an Office of Student Conduct disciplinary offense. The information leading to suspicion must be from a reputable source (coach, athletic trainer, academic advisor, administrator, support staff, or student-athlete) and specific factual information should be presented. Suspicion must be documented in writing and submitted to the Assistant Athletics Director for Student-Athlete Health and Wellness. The Substance Abuse Reasonable Suspicion Reporting Form will be utilized for documentation. This form can be found in **APPENDIX E**.
The Assistant Athletics Director for Student-Athlete Health and Wellness will present the case to the Director of Athletics or his or her designee. Only at the discretion of the Director of Athletics or his or her designee will specimen collection be administered. The decision to test any team or individual athlete as a result of this procedure shall rest entirely with the Director of Athletics or his or her designee, who may consult with members of the University’s Student-Athlete Health and Wellness Staff. If the Director of Athletics or his or her designee decides to test any individual student-athlete, the Director of Athletics or his or her designee shall so advise the Assistant Athletics Director for Student-Athlete Health and Wellness, who shall notify the student-athlete. Student-athletes will be advised by their staff athletic trainer of the designated time and location for the submission of urine specimen and complete a Student-Athlete Notification Form. A copy of the Student-Athlete Notification Form can be found in APPENDIX F. If the student-athlete fails to submit a urine specimen within the designated testing period, he or she will be deemed to have a positive test.

If a student-athlete produces three or more dilute samples during an institutional drug test, that student-athlete will be selected for subsequent tests under reasonable suspicion. The student-athlete will be removed from reasonable suspicion testing after he/she has had two successive negative tests in which they produced no dilute samples.

Championship Testing. All student-athletes who qualify to participate in any post-season competition, including the NCAA post-season National Championship competition, may be tested prior to the onset of such competition. A positive drug test may preclude the student-athlete’s participation in the post-season competition for which the test was administered.

Notification of Testing. In most cases student-athletes will receive no advance notification prior to collection. A member of the Sports Medicine Staff may notify them as they are leaving the practice field or athletic related activity. Upon notification, student-athletes will be asked to sign a Student-Athlete Notification Form. A copy of the Student-Athlete Notification Form can be found in APPENDIX F. Failure to report for a collection will counted as a positive test.

IX. POSITIVE DRUG TESTING DEFINITIONS

A drug screening test is classified as a positive test when an Athletics Department approved drug testing laboratory detects a proscribed substance in a student-athlete’s urine specimen. The following conduct or occurrences shall cause a student-athlete to be subject to sanctions under this policy in the same manner as if that student-athlete had a positive drug test:

1. An Athletics Department approved drug testing laboratory determines a urine specimen has been altered or tampered.
2. An Athletics Department approved drug testing laboratory indicates that foreign substances were either ingested by the student-athlete and/or added to a urine sample in an effort to destroy or disguise traces of substances.
3. A student-athlete is convicted of a drug related criminal offense or is found responsible for a University drug related violation.
4. If a student-athlete fails to report or refuses to submit to an institutional test after notification by an athletic department official through the Student-Athlete Notification Form found in APPENDIX F.

5. If a student-athlete fails to produce an adequate urine specimen within three hours from signing into the testing site.

6. If a student-athlete attempts to interfere with the protocol for collection as determined by the Georgetown University Sports Medicine Department.

X. POST-TEST DRUG TEST CONSEQUENCES

A. First Positive Test

Departmental consequences for a first positive drug test as defined in Section IX of this document are as follows:

1. **Suspension.** The student-athlete will be immediately removed from athletic participation at Georgetown University for a duration of 10% of the competitive season.

2. **Mandatory Assessment.** The student-athlete will be required to participate in a mandatory assessment by the designated Team Physician or at an Athletics Department approved substance abuse counseling facility or CAPS or the Center for Personal Development at the student-athlete’s own expense.

3. **Treatment and/or Counseling.** The student-athlete will be required to follow a treatment and/or counseling plan per the recommendation of the team physician in conjunction with approved substance abuse counselor / counseling facility or CAPS.

4. **Continued Testing.** The student-athlete will be required to submit samples at each random testing date following the first positive test for a period of no less than 180 days from the date of the first positive test.

5. **Communication within University.** The Director of Athletics, the Sport Administrator, the Head Coach, Compliance Office, team physicians, and Assistant Athletics Director for Student-Athlete Health and Wellness will be notified of the results of the positive drug testing results and/or actions equating to a positive drug test per this policy as well as resulting departmental consequences and sanctions.

6. **Communication to Parents.** The student-athlete’s parents or guardians will be notified of the results of the positive drug testing results and/or actions equating to a positive drug test per this policy as well as resulting departmental consequences and sanctions.

7. **Additional Sanctions.** Additional sanctions may be imposed as deemed appropriate by the Director of Athletics.

8. **Health of Student-Athlete.** The team physician or a member of the Student Health and Wellness staff may withhold a student-athlete from practice, competition or other team activities for medical reasons after the student-athlete has tested positive if he or she believes the student’s participation would cause a serious health risk. An additional drug screening may be required before return to competition and/or team activities.

The Department of Athletics does not consider a medical assessment or treatment a sanction under this policy. These components are helpful tools to be used in the effective treatment and management of those student-athletes who have tested positive in accordance with this policy. Those student-athletes who continue to abuse controlled substances and performance enhancing drugs will be subject to sanctions as described in this policy.
B. Second Positive Test

Departmental consequences for a second positive drug test as defined in Section IX of this document will include all of the consequences described in the first positive test with the following additions:

1. **Suspension.** The student-athlete will be immediately removed from athletic participation at Georgetown University for a duration of 30% of the competitive season.

C. Third Positive Test

Departmental consequences for a third positive drug test as defined in Section IX of this document will include all of the consequences described in the first positive test with the following additions:

1. **Permanent Removal.** The student-athlete will be immediately and permanently removed from ALL athletic participation at Georgetown University and removed from the team.
2. **Grant In Aid.** The student-athlete’s grant-in-aid may be reduced / non-renewed in accordance with NCAA regulations.

D. Documentation Following a Positive Drug Test

The Department of Athletics will document that the student-athlete understands and agrees to comply with all departmental actions by requiring the student-athlete sign a Disciplinary Action Contract (APPENDIX G) to be generated by the Associate Director of Athletics. Copies of this document will be provided to the Director of Athletics, the appropriate Sport Administrator, the Assistant Athletics Director for Student-Athlete Health and Wellness, the Head Coach and the Compliance Office. If a student-athlete fails to comply with any aspect of their Disciplinary Action Contract (i.e., fails to report for a mandatory drug test, fails to attend mandated counseling sessions or fails to attend mandated meeting with coaching, Athletics Department or University staff), the student-athlete may be further sanctioned, which may include suspension or dismissal. All initial assessments as well as monitoring of compliance with all aspects of a student-athlete’s disciplinary contract (i.e., compliance with and completion of recommended treatment plan) will be facilitated by the Associate Director of Athletics. The financial responsibility for the initial assessment and subsequent recommended counseling or treatment will be the responsibility of the student-athlete unless a formal request for an exception is made to the Associate Director of Athletics and approved by Director of Athletics or designee due to financial hardship.

A positive drug test will not result in a referral to the Office of Student Conduct for other university sanctions.

E. Review of Consequences

The Consequences listed in Section X are subject to review by the Georgetown University Student-Athlete Drug Screening and Education Program Committee and may be modified by the Department of Athletics at any time. Any changes will be communicated to all student-athletes, coaches, staff, and administration in advance of implementation.
XI. DRUG RELATED CRIMINAL AND UNIVERSITY OFFENSES

In cases where a student-athlete has been convicted of drug related crime and/or has been found to be in violation of the Student Code of Conduct or other University, Department of Athletics or team policies related to drug possession, distribution or use, the Director of Athletics reserves the right to impose additional sanctions which may include team suspension, removal from an athletics team and reduction or removal of grant-in-aid.

XII. ALCOHOL AND MARIJUANA POLICY AND DEPARTMENTAL CONSEQUENCES AND SANCTIONS

A. Policy regarding Alcohol and Marijuana

Alcohol consumption is highly discouraged at all times. Consumption of alcohol is illegal in the District of Columbia for anyone under age 21. Alcohol possession and consumption are prohibited by the University Code of Student Conduct for anyone under the legal drinking age. In addition, all student-athletes are specifically prohibited from consuming alcoholic beverages while representing the Department of Athletics in any capacity (i.e., practice/competition, travel for away contests, team dinners, recruiting visits, banquet etc.). Student-athletes who are 21 or over may consume alcohol only when team rules permit.

Marijuana consumption is also highly discouraged at all times. While the District of Columbia allows for adults over 21 years old to possess a specified amount of marijuana, the possession, consumption, manufacture of marijuana are still offenses under Federal Law. The University Code of Student Conduct prohibits the possession, use, consumption, manufacture of marijuana for all students. Student-athletes may not possess, consume, or manufacture marijuana at any time.

Student-athletes are responsible for complying with all state laws, University policies, including the Code of Student Conduct, and team rules as related to alcohol and marijuana.

B. Consequences

Alcohol and marijuana are included in the list of Proscribed Substances. For positive drug tests involving marijuana or alcohol, all of the consequences listed in Section X above will be implemented, with the following exceptions:

1. There will be no suspension for a first positive drug test.
2. The second positive drug test will result in the student-athlete being immediately removed from athletic participation at Georgetown University for a duration of 10% of the competitive season.
3. The third positive drug test will result in the student-athlete being immediately removed from athletic participation at Georgetown University for a duration of 30% of the competitive season.
4. The fourth positive drug test will result in the student-athlete being immediately and permanently removed from ALL athletic participation at Georgetown University and removed from the team and the student-athlete’s grant-in-aid being reduced / non-renewed in accordance with NCAA regulations.

Any combination of a positive test for alcohol/marijuana and a positive test for another proscribed substance will fall under the consequences of Section X. For example, if a student-athlete tests positive for any drug and
subsequently tests positive under a different test for alcohol or marijuana, the student-athlete would be subject to the consequences under Section X above (including a suspension for a duration of 30% of the competitive season). Likewise, if a student-athlete tests positive for alcohol or marijuana and then tests positive for another proscribed substance, the student-athlete would be subject to the consequences under Section X above (including a suspension for a duration of 30% of the competitive season).

XIII. APPEAL PROCESS

A Student-Athlete may appeal any decision under the Policy within 48 hours of notification of the decision by completing a Notification of Appeal Form found in APPENDIX H and turning it in to the Assistant Athletic Director for Student-Athlete Health and Wellness. A student-athlete may only appeal based on the following grounds:

A. Test Results Appeal

A student-athlete may contest the laboratory finding of a positive test. All costs associated with the Appeal will be the responsibility of the student-athlete. Moreover, the Appeal will commence at the discretion of the National Center for Drug Free Sport. If the laboratory presents to the Director of Athletics or his or her designee a finding that the student-athlete does not have proscribed substances in his or her urine sample, the Director of Athletics will rely upon those test results and shall conclude that the student-athlete’s urine does not contain proscribed substances. In all other cases, the original decision will stand.

B. Exceptional Circumstances

A student-athlete may appeal any decision made under this Policy based upon exceptional circumstances. The absence of intent to consume the drug, or no knowledge of consumption of a drug, is not an exceptional circumstance. It is expected that all student-athletes know what they are putting in their bodies. The Appeals Committee will overturn a decision under this Policy only where it finds clear and convincing evidence that exceptional circumstances exist that warrant an exception to this Policy. An example of exceptional circumstance would be where there is clear and convincing evidence that there was a material error in the collection process of the specimen that caused prejudice to the student. Another example would if there was clear and convincing evidence that a student was forcibly injected with a proscribed substance against his or her will or while unconscious.

In the event of an appeal based on exceptional circumstances, a hearing will be conducted by a three-member panel of the Georgetown University Drug Screening and Education Appeals Committee or other staff or faculty deemed appropriate by the Director of Athletics. The panel will consist of two staff members of the Department of Athletics and one individual outside of the Athletics Department (e.g., Faculty, Dean, or others), who are chosen by the Director of Athletics or his or her designee. The Athletic Department may also call on an individual or individuals with expertise in drug testing and the drug testing process to provide information. The student-athlete may have an advocate present but that individual may not speak or participate during the hearing. The appeals committee will reach a decision within three business days of each individual hearing. In order for the Appeals Committee to overturn or modify the sanction, a majority of the members of the Appeals Committee
must find by clear and convincing evidence that the decision should be overturned. The Director of Athletics or his or her designee will maintain a written record of the committee’s decisions including a rationale for the committee’s decision.

C. Consequences and Sanctions During Appeal

Any consequence or sanction put in place as the result of implementing this policy will remain in place during the pendency of any appeal.

XIV. PRESCRIPTION DRUGS

Student-athletes who are taking drugs pursuant to a prescription from a physician must register in writing with the Sports Medicine Department. A copy of the prescription on file in the student-athlete’s medical records as maintained by the Georgetown University Sports Medicine Department will suffice. In order for a student-athlete to be granted a medical exception for the use of a medication that contains a banned substance, the student-athlete must:

1. Have declared the use of the substance to the Assistant Athletic Director for Student Athlete Health and Wellness or a Staff Athletic Trainer.
2. Present documentation of the diagnosis of the condition.
3. Provide documentation from the prescribing physician explaining the course of treatment and current prescription including the reason a non-banned substance could not be used to treat this condition.

If a student-athlete tests positive because of a medication for a medically diagnosed reason, the student-athlete will proceed with a medical exception if they have met the criteria outlined in this section. It is the sole responsibility of the student to procure this information and supply it to the Sports Medicine Staff in advance of testing.

Additionally, when a student-athlete is prescribed prescription medication by physicians at the Student Health Center or team doctors, the student-athlete must declare to their respective athletic trainer at which time they will complete and sign the Prescription Medication Agreement (APPENDIX C).

XV. SUPPLEMENTS

Georgetown University Athletics Department strongly discourages the use of dietary supplements. Dietary supplements do not undergo federal government approval and are not tested for quality like prescription and over-the-counter medications. The product claims made by many dietary supplement manufacturers have not been based on scientific research in many cases. Many dietary supplements have not been subject to research by unbiased independent researchers in order to substantiate performance claims. The potential adverse and/or harmful effects of these substances have not been completely studied, but serious adverse effects have been reported in some instances. As there are minimal federal government labeling requirements for dietary supplements, some products may contain NCAA and/or Georgetown University banned substances, which are not listed on the label. It is important for student-athletes to remember that they will be held responsible for each and every substance that enters their bodies. Any student-athlete who is considering taking a supplement
must report it to a member of the Sports Medicine Department through completing a Student-Athlete Supplement Notification Form. This form can be found in **APPENDIX I**.

**XVI. TOBACCO**

Georgetown University prohibits smoking inside classrooms and administrative buildings, residential facilities, dining areas, athletic facilities, and University-owned vehicles.

Georgetown University Athletics Department strongly discourages the use of all tobacco products. Such use is inconsistent with proper nutrition and health and is contrary to the goals of athletic conditioning and athletic performance. Use of tobacco products (e.g., cigarettes, cigars, pipes, and smokeless tobacco) poses serious health threats to student-athletes. The US Surgeon General, National Cancer Institute, Center for Disease Control, and the National Institute for Dental Research recommend against the use of any tobacco products. It has been named the single most preventable cause of death in the United States.

Use of tobacco products during any official Department of Athletics function (i.e., practice/competition, travel for away contests, etc.) is strictly prohibited. Such use could result in an NCAA rules violation of **BYLAW 17.1.7** and suspension from practice and/or competition.

A student-athlete who self-refers with a tobacco product problem to any Athletic Department Staff person will be referred to a staff athletic trainer. The Head Team Physician will assess the student-athlete and, if deemed necessary, will establish a treatment plan. Additionally, Student Health Services will provide access to smoking cessation programs for students upon request.

**XIV. AMENDMENTS**

This program may be amended from time to time at the discretion of the Director of Athletics. Amendments shall be distributed to all student-athletes. No amendment shall be applied retroactively if such application will adversely affect a student-athlete's right to notice of standards of conduct or discipline.

Student-athletes may also want to review information contained on the following websites:

- [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec)
- [www.ncaa.org/health-safety](http://www.ncaa.org/health-safety)
# Georgetown University Athletics Department Drug Screening and Education Consequences and Sanctions

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<tr>
<th>Offense</th>
<th>Consequence</th>
<th>Sanction</th>
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| **First Positive Alcohol/Marijuana Test** | • Mandatory assessment by team physician, CAPS, or Director of Center for Personal Development  
• Required to follow treatment and/or counseling plan per recommendation of entity who assesses  
• Submission of samples at each random testing date for a period of no less than 180 days  
• Notification of Director of Athletics, Senior Associate Athletic Director for Internal Operations, Head Coach of respective sport, team physicians and Assistant Athletic Director of Student Athlete Health and wellness  
• Parental notification of drug testing result and subsequent departmental sanctions (excluding Safe Harbor identified) | • No sanction on athletic participation unless deemed appropriate by Athletic Director |
| **First Positive Drug Test (Second Positive Alcohol/Marijuana Test)** | • Mandatory assessment by team physician, CAPS, or Director of Center for Personal Development  
• Required to follow treatment and/or counseling plan per recommendation of entity who assesses  
• Submission of samples at each random testing date for a period of no less than 180 days  
• Notification of Director of Athletics, Senior Associate Athletic Director for Internal Operations, Head Coach of respective sport, team physicians and Assistant Athletic Director of Student Athlete Health and wellness  
• Parental notification of drug testing result and subsequent departmental sanctions (excluding Safe Harbor identified) | • Suspension of athletic participation for no less than 10% of competitive season  
• Additional sanctions may be imposed at the discretion of the Director of Athletics |
| **Second Positive Drug Test (Third Positive Alcohol/Marijuana Test)** | • Further assessment by team physician, CAPS, or Director of Center for Personal Development  
• Required to follow treatment and/or counseling plan per recommendation of entity who assesses  
• Submission of samples at each random testing date for a period of no less than 180 days  
• Possible recommendation that student-athletes grant-in-aid / scholarship be reduced or non-renewed in accordance with NCAA regulations  
• Notification of Director of Athletics, Senior Associate Athletic Director for Internal Operations, Head Coach of respective sport, team physicians and Assistant Athletic Director of Student Athlete Health and wellness  
• Parental notification of drug testing result and subsequent departmental sanctions | • Suspension of athletic participation for no less than 30% of competitive season  
• Additional sanctions may be imposed at the discretion of the Director of Athletics |
Georgetown University Athletics Department Drug Screening and Education
Consequences and Sanctions

| Third Positive Drug Test (Fourth Positive Alcohol/Marijuana Test) | • Further assessment by team physician, CAPS, or Director of Center for Personal Development  
• Possible recommendation that student-athletes grant-in-aid / scholarship be reduced or non-renewed in accordance with NCAA regulations  
• Notification of Director of Athletics, Senior Associate Athletic Director for Internal Operations, Head Coach of respective sport, team physicians and Assistant Athletic Director of Student Athlete Health and Wellness  
• Parental notification of drug testing result and subsequent departmental sanctions | • Immediate removal of all athletic participation  
• Additional sanctions may be imposed at the discretion of the Director of Athletics |

*Any combination of a positive test for alcohol/marijuana and a positive test for another proscribed substance will be treated as the next full positive drug test depending on how many positive tests) per the chart above.

I.e. Positive Alcohol/Marijuana Test + Positive Drug Test = Second Positive Drug Test
Appendix A
Georgetown University Department of Athletics - Drug Screening and Education Program

2016-17 NCAA Banned Drugs

Download: 2016-17 NCAA Banned Drugs (pdf)

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following classes of drugs:

1. Stimulants;
2. Anabolic Agents;
3. Alcohol and Beta Blockers (banned for rifle only);
4. Diuretics and Other Masking Agents;
5. Street Drugs;
6. Peptide Hormones and Analogues;
7. Anti-estrogens; and

Note: Any substance chemically related to these classes is also banned.

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

Drugs and Procedures Subject to Restrictions:
1. Blood doping;
2. Gene doping;
3. Local anesthetics (under some conditions);
4. Manipulation of urine samples; and
5. Beta-2 Agonists permitted only by prescription and inhalation.

**NCAA Nutritional/Dietary Supplements Warning:**

Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff. There are no NCAA approved supplement products.

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility from using dietary supplements.
3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. *Any product containing a dietary supplement ingredient is taken at your own risk.*

Check with your athletics department staff prior to using a supplement.

**Some Examples of NCAA Banned Substances in Each Drug Class**

*There is NO complete list of banned substances.*

*Do not rely on this list to rule out any label ingredient.*
1. **Stimulants:**

   amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; methamphetamine; methylphenidate (Ritalin); synephrine (bitter orange); methylhexanamine (DMAA); “bath salts” (mephedrone); Octopamine; DMBA; phenethylamines (PEAs); etc.

   *exceptions: phenylephrine and pseudoephedrine are not banned.*

2. **Anabolic Agents** (sometimes listed as a chemical formula, such as 3,6,17-androstenedione):

   androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanozolol; stenbolone; trenbolone; SARMS (ostarine, ligandrol, LGD-4033); etc.

3. **Alcohol and Beta Blockers** (banned for rifle only):

   alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

4. **Diuretics (water pills) and Other Masking Agents:**

   bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone (canrenone); triameterene; trichlormethiazide; etc.

5. **Street Drugs:**

   heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

6. **Peptide Hormones and Analogues:**

   growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); IGF-1 (colostrum); etc.
7. **Anti-Estrogens:**

anastrozole; tamoxifen; formestane; ATD, clomiphene; SERMS (nolvadex); Arimidex; clomid; evista; fulvestrant; aromatase inhibitors (Androst-3,5-dien-7,17-dione), etc.

8. **Beta-2 Agonists:**

bambuterol; formoterol; salbutamol; salmeterol; higenamine; norcoclaurine; etc.

Additional examples of banned drugs can be found at [www.ncaa.org/drugtesting](http://www.ncaa.org/drugtesting).

*Any substance that is chemically related to the class, even if it is not listed as an example, is also banned!*

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center (REC) at 877/202-0769 or [www.drugfreesport.com/rec](http://www.drugfreesport.com/rec) password: ncaa1, ncaa2 or ncaa3.

*It is your responsibility to check with the appropriate or designated athletics staff before using any substance.*
Appendix B

Georgetown University Department of Athletics - Drug Screening and Education Program
Student-Athlete Informed Consent and Release of Liability

I, ____________________________, hereby acknowledge that I have read and understand the Drug Screening & Education Program (the “Program”) of the Department of Athletics at Georgetown University. I acknowledge that I have been given the opportunity to ask questions about the Program and that my questions, if any, were answered to my satisfaction.

On behalf of myself and/or my son/daughter (in the case of a student-athlete under age 18), I hereby consent to my participation/my son’s/daughter’s participation in the Program. I understand that my participation/my son’s/daughter’s participation in this program includes the collection and testing of my/my son’s/daughter’s urine at any time during the year for drugs, alcohol, and other banned substances.

On behalf of myself and/or my son/daughter (in the case of a student-athlete under age 18), I further consent to the release of the results of any drug test to the Director of Athletics and his/her designee, the Senior Associate Director of Athletics, my Head Coach and Assistant Coaches, the Assistant Athletic Director for Student Athlete Health and Wellness and, Assistant Athletic Trainers, Team Physicians, the Appeals Committee, and my parent(s) or legal guardian(s).

I fully understand that the Program is separate and distinct from the NCAA drug-testing program and its sanctions. I further understand and acknowledge that consequences may be imposed by Georgetown University under the Program and under the NCAA drug-testing program, which may include an assessment, counseling, continued testing, education, suspension from practice and competition, permanent removal from a team, and reduction or non-renewal of Grant in Aid, or other consequences as deemed appropriate by the Department of Athletics. I also understand and agree that I/my son/daughter may be suspended from competition and/or practice by the team physician if the University determines competition and/or practice poses a health and safety risk to me, my teammates, and/or my competitors.

On behalf of myself and/or my son/daughter (in the case of a student-athlete under the age of 18), I hereby release, indemnify and hold harmless Georgetown University and its officers, trustees, employees, and agents from any and all damages, claims, actions, liability and expenses (including costs of judgments, settlements, court costs, and attorney's fees), arising out of or relating in any way to my participation/my son/daughter’s participation in the Program, the implementation of that Program (including the imposition of consequences for a positive drug test), and the disclosure of the result of any drug test, as provided herein.

____________________________  ___________________________  ______________________
Student-Athlete Signature    Sport                Date

____________________________  ______________________
Printed Name of Student-Athlete                        Date of Birth

____________________________  ______________________
Parent/Guardian Signature (if a minor)     Date
I, ________________________________, hereby acknowledge that I have read and understand the Drug Screening & Education Program (the “Program”) of the Department of Athletics at Georgetown University. I acknowledge that I have been given the opportunity to ask questions about Program and that my questions, if any, were answered to my satisfaction.

On behalf of myself and/or my son/daughter (in the case of a student-athlete under age 18), I hereby consent to my participation/my son’s/daughter’s participation in this Prescription Medication Agreement. I consent on behalf of myself and/or my son/daughter (in the case of a student-athlete under age 18), that I will report all prescription medications prescribed to me no less than 24 hours after receiving to the Department of Sports Medicine with the information provided below. This will include medications provided by outside physicians, consultants and Georgetown University Team Physicians. I further consent on behalf of myself and/or my son/daughter (in the case of a student-athlete under age 18) that by signing this form, I promise to take all medications as prescribed and only as long as necessary. I further consent that I will not participate in any behavior that is contraindicated with use of prescription medication, namely other drug or alcohol use that is not expressly approved through the treating physician beforehand. Finally, I consent that I agree to the consequences set forth in the Program if I am found to be in possession of prescription medication that is not intended for my personal use under the direction of a team physician and in the case of selling prescription medication.

__________________________   __________________________   __________
Student-Athlete Signature   Sport   Date

__________________________   __________
Printed Name of Student-Athlete   Date of Birth

__________________________   __________
Parent/Guardian Signature (if a minor)   Date

Name of Medication:

Prescribing Physician:

Diagnosis / Reason for prescription:

Dosage / Frequency:

Number of Pills Prescribed:
Appendix D

Georgetown University Department of Athletics - Drug Screening and Education Program
Declaration of Safe Harbor Form

I, __________________________, hereby request “safe harbor” from the Georgetown University Department of Athletics Drug Screening Program (the “Program”) for the following proscribed substances __________________________. I understand that this is the one and only time I am permitted to declare safe harbor and I will:

- Be tested for drugs immediately.
- Be evaluated by a team physician and/or CAPS clinicians regardless of the test results.
- Follow and complete the prescribed counseling/treatment plan.
- Be drug/alcohol tested at the frequency prescribed by the counselor and/or team physician.
- Remain in the Safe Harbor Program until released by counselor and/or team physician.
- Not be eligible for randomized drug testing while in the Safe Harbor Program, but will remain eligible for drug testing by the NCAA.
- Follow other steps described in Safe Harbor Section of the Program Policy.
- Understand that any subsequent positive drug tests will be counted as a second positive under this program.
- Acknowledge that the Department of Athletics will keep record of any student-athlete entering the safe harbor program.
- Understand that my head coach for my sport will not be notified that I have entered the safe harbor program; however, these individuals will be informed that any subsequent positive drug test under this policy will count as a second positive test and that all applicable sanctions will be enforced as outlined in this policy.

__________________________________________  __________________________
Student-Athlete Signature                           Date

__________________________________________  __________________________
Student-Athlete Signature                           Discharge Date

For Sports Medicine Staff Member / Team Physician Use
Eligible for Safe Harbor Program: YES

NO

Reviewed Safe Harbor Program with Student-Athlete:

__________________________________________  __________________________
Assistant AD for Student Athlete Health and Wellness Signature                           Date

__________________________________________  __________________________
Asst. AD for Student Athlete Health and Wellness Signature                           Discharge Date
Appendix E

Georgetown University Department of Athletics - Drug Screening and Education Program
Reasonable Suspicion Reporting Form

I, ________________________, under the reasonable suspicion clause outlined in the Georgetown University Department of Athletics Drug Screening and Education Program, under Section VIII, report the following objective signs, symptoms, and/or behaviors that I believe warrant _____________________(Student-Athlete – Print) to be referred to the Assistant Athletic Director for Student Athlete Health and Wellness for case evaluation. I understand that the decision regarding the need for drug testing will be made by the Director of Athletics or his or her designee. The following signs, symptoms, or behaviors have been observed over the past _______ days.

Student Athlete has shown:
- Unexplained absences
- Sloppy Hygiene or Appearance
- Lack of hustle during participation
- Irritability/Loss of temper
- Failure to follow orders/lack of discipline

Student Athlete has recurrent problems with:
- Being late for practice
- Missing appointments
- Skipping meals
- Ignoring curfews

Appearance of the following signs of illness:
- Dilated or constricted pupils
- Droopy eyelids / reddish eyes
- Excessive scratching or skin breakouts
- Recurrent illness requiring medical attention
- Appears overstimulated or hyper
- Becomes withdrawn and less communicative

Known Violation:
- Georgetown University Code of Conduct
- Athletics Code of Conduct
- Law

Other specific findings include:

___________________________________________
Athletic Department Officer Signature Date

___________________________________________
Assistant AD for Student Athlete Health and Wellness or Designee Date

___________________________________________
Director of Athletics or Designee Date
Appendix F

Georgetown University Department of Athletics - Drug Screening and Education Program

Student-Athlete Notification Form

Student-Athlete:
GU Student ID No:_________________________ Sport:_________________________

Date of notification: ___________________________ Time of notification: ________ a.m./p.m.

I, ___________________________ (NAME), the undersigned:

Acknowledge being notified to appear for institutional drug and alcohol testing and have been notified to report to the drug and alcohol testing station at:

________________________, on ____________ on or before ______(a.m. /p.m.)

(location) (date) (time)

I will be prepared to provide an adequate urine specimen and will not overhydrate. I understand that providing numerous diluted specimens may be cause for follow-up drug testing. I will be prepared to provide an adequate saliva sample if necessary and will not eat or drink at least 10 minutes prior to providing a saliva sample. I will be prepared to provide an adequate hair sample if necessary.

I understand that I may have a witness accompany me to the drug and alcohol-testing site.

I understand that failure to appear at the site on or before the designated time will constitute a positive drug test and will result in consequences and sanctions. I also understand it may count as withdrawal of my previous consent to be tested as part of the Institutional Drug and Alcohol Testing Consent and will result in a penalty.

By signing below, I acknowledge being notified of my participation in institutional drug and alcohol testing, and I am aware of what is required of me in preparation for this drug and alcohol-testing event.

Student-Athlete’s Signature: ___________________________ Date: ___________________________

I can be reached at the following telephone number on test day: ___________________________

Institutional Representative retain top portion of completed forms.

Report to the test site with picture identification.
DO NOT DRINK TOO MANY FLUIDS
Appendix G

Georgetown University Department of Athletics - Drug Screening and Education Program

Drug Screening and Education Program Consequence/Disciplinary Action Contract

I, ______________________, understand that on ____________, I was found to have a positive drug test for the following proscribed substance(s) ______________________

This constitutes a: □ First Positive □ Second Positive □ Third Positive
□ Fourth Positive (For Marijuana and Alcohol only)

Following a meeting with ______________________, I understand that I will follow the appropriate consequences for the offense as outlined in the Georgetown University Drug/Alcohol Screening and Education Program.

Student-Athlete Informed of Current Consequences:
________________________________________________________________________
________________________________________________________________________

Student-Athlete Informed of Future Consequences:
________________________________________________________________________
________________________________________________________________________

My head coach may add the following Consequences:
________________________________________________________________________
________________________________________________________________________

Parent(s)/Guardian(s) contacted on __________ by ______________________
(Date-Print) (Athletic Department Officer)

I, __, have read, understand, and agree to comply with the above.
(Student-Athlete – Print)

________________________________________________________________________
Student-Athlete Signature
Date

________________________________________________________________________
Athletic Department Officer Signature
Date

________________________________________________________________________
Head Coach Signature
Date
Appendix H

Georgetown University Department of Athletics - Drug Screening and Education Program

Notification of Appeals Form

This form is to be submitted to the Director of Athletics or his or her designee within 48 hours of being notified of a positive drug test.

Student-Athlete Name: ___________________________ Phone
Number: ___________________________ Date of Drug
Test: ___________________________ Date of
Notification of Results: ___________________________ Date of
Notification of Appeal: ___________________________

Reason for Appeal (Please attach additional pages as necessary)

_________________________________________________________________________

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